



Summery Beef Sandwiches

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Washington Terrace

Ingredients

- 1-1/2 lbs ground beef
- 1 - 10-3/4 oz can chicken gumbo soup
- 1 - 10-3/4 oz can tomato soup
- 2 tbsp prepared mustard
- 1/2 cup brown sugar
- 1 small onion, diced
- 1 large tomato, sliced into 8 slices
- 8 slices Colby Jack cheese
- 8 whole wheat buns



1. In a medium skillet brown ground beef with the diced onion. Add salt and pepper to taste. Drain remaining fat from skillet.
2. Return skillet to stovetop. Add the chicken gumbo soup, tomato soup, prepared mustard and brown sugar to the beef mixture.
3. Bring mixture to boil then let simmer for 10 minutes, stirring occasionally.
4. Spoon mixture onto buns, top with cheese a cheese and tomato slice and enjoy!

Makes 6 to 8 sandwiches